

RSE Curriculum Outline

One of the keyways to implement a successful RSHE curriculum is to ensure that it is planned and progressive. The statutory guidance sets out what children should know by the end of their time in primary education. To achieve this, children need the opportunity to revisit topics at different ages and their knowledge and understanding will develop as they mature.

Certain topics contained within the guidance have caused concern for some schools, parents and carers. Teachers follow the Kapow Scheme of work and they have given careful consideration has been given to how and when to introduce these topics and all of them are covered in age appropriate manner. The table below shows where these topics are covered within Kapow Primary's lessons.

F&R = Families and relationships S&CB = Safety and the changing body

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Same sex relationships	<b>F&amp;R Lesson 1: What is family?</b> Families from pupils' own experiences. Same sex not specifically included if it is not raised by the children	<b>F&amp;R Lesson 2: Families offer stability and love</b> Introduction to different types of families. Same sex not specifically included but may arise as part of the discussion	<b>F&amp;R Lesson 1: Healthy families</b> Different types of family setups are introduced, including same sex parents	<b>F&amp;R Lesson 6: Families in the wider world</b> Different types of family setups around the world. Same sex not specifically included but could be part of the discussion	<b>F&amp;R Lesson 3: Marriage</b> Includes same sex marriage <b>F&amp;R Lesson 5: Family life</b> Different family set ups (including same sex parents) and dealing with problems <b>S&amp;CB Lesson 5: Emotional changes in puberty</b> Attraction including to somebody of the same sex	<b>S&amp;CB Lesson 6: Pregnancy and birth</b> Touches on same sex couples having children
Alcohol and tobacco	<b>S&amp;CB Lesson 6: Safety with substances</b> What is and isn't safe to go in or on the body - including medicines	<b>S&amp;CB Lesson 8: Staying safe with medicines</b>	<b>S&amp;CB Lesson 6: Making choices</b> Independent choices <b>S&amp;CB Lesson 7: Influences</b> Making choices and recognising influences	<b>S&amp;CB Lesson 8: Tobacco</b> The risks of smoking	<b>S&amp;CB Lesson 7: Making decisions</b> - The influence others can have	<b>S&amp;CB Lesson 1: Alcohol</b> The risks of alcohol

Menstruation					<b>S&amp;CB Lesson 4: Menstruation</b> The menstrual cycle and dealing with periods	<b>S&amp;CB Lesson 5: Conception</b> Includes revision of menstruation from Y5
Puberty				<b>S&amp;CB Lesson 6 - Growing up</b> Changes from birth to adulthood <b>S&amp;CB Lesson 7: Introducing puberty</b> Physical changes during puberty	<b>S&amp;CB Lesson 3: Puberty</b> Physical changes <b>S&amp;CB Lesson 5: Emotional changes in puberty</b> Emotional changes	<b>S&amp;CB Lesson 4: Physical and emotional changes in puberty</b> Changes that happen during puberty
Conception and Pregnancy						<b>S&amp;CB Lesson 5: Conception * Intercourse</b>  <b>S&amp;CB Lesson 6: Pregnancy and birth*</b> How a baby develops  <i>Parents have a right to withdraw their children from all or part of these lessons)</i>

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<p>Body Parts – vocabulary introduced</p>	<p><b>S&amp;CB Lesson 5: Appropriate contact</b> Introducing acceptable and unacceptable touch</p>	<p><b>S&amp;CB Lesson 4: Appropriate contact:</b> My body private parts Vulva, vagina penis, testicles</p> <p><b>S&amp;CB Lesson 5: Appropriate contact:</b> My private parts are private Safe and unsafe touches. Vulva, vagina penis, testicles</p>		<p><b>S&amp;CB Lesson 7: Introducing puberty</b> Including: breasts, genitals, penis,</p>	<p><b>S&amp;CB Lesson 3: Puberty</b> Including: vagina, vulva, clitoris, penis, scrotum, testicle</p>	<p><b>S&amp;CB Lesson 4: Physical and emotional changes in puberty</b> Internal and external reproductive parts</p>
<p>Digital Safety</p>			<p><b>S&amp;CB Lesson 3: Be kind online</b> Responsible digital citizenship</p> <p><b>S&amp;CB Lesson 4: Cyberbullying</b> Recognising unkind behaviour online</p> <p><b>S&amp;CB Lesson 5: Fake emails</b> Recognising when an email might be fake</p>	<p><b>S&amp;CB Lesson 1: Internet safety</b> - age restrictions Age restrictions related to social media and gaming</p> <p><b>S&amp;CB Lesson 2: Share aware</b> Benefits and risks of sharing information online</p> <p><b>S&amp;CB Lesson 5: Consuming information online</b> How information is ranked, selected and targeted</p>	<p><b>S&amp;CB Lesson 1: Online friendships</b> Issues related to online relationships</p> <p><b>S&amp;CB Lesson 2: Staying safe online</b> How to stay safe online</p>	<p><b>S&amp;CB Lesson 3: Social media</b> Online relationships</p>