



Bierton CE Combined School

PSCHE Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early years						
Year 1	Families and relationships 7 lessons	Health and wellbeing 8 lessons	Safety and the changing body 8 lessons	Citizenship 6 lessons	Economic wellbeing 6 lessons	Transition
Year 2	Families and relationships 7 lessons	Health and wellbeing 7 lessons	Safety and the changing body 9 lessons	Citizenship 7 lessons	Economic wellbeing 6 lessons	Transition
Year 3	Families and relationships 8 lessons	Health and wellbeing 7 lessons	Safety and the changing body 8 lessons	Citizenship 7 lessons	Economic wellbeing 6 lessons	Transition
Year 4	Families and relationships 8 lessons	Health and wellbeing 7 lessons	Safety and the changing body 8 lessons	Citizenship 6 lessons	Economic wellbeing 6 lessons	Transition
Year 5	Families and relationships 8 lessons	Health and wellbeing 7 lessons	Safety and the changing body 7 lessons	Citizenship 6 lessons	Economic wellbeing 6 lessons	Transition
Year 6	Families and relationships 6 lessons	Health and wellbeing 8 lessons	Safety and the changing body 8 lessons	Citizenship 6 lessons	Economic wellbeing 6 lessons	Identity 2 lessons Transition

Zones of regulation to be revisited lesson 1 for all year groups.